

HOLY CROSS EPISCOPAL CHURCH

Of Hayward and Castro Valley

You've got questions... We've got questions!
Let's go on a journey together...



Francis of Assisi

Seventeenth Sunday after Pentecost
Feast of St. Francis of Assisi
8:30 A.M., October 2, 2022

RECTOR: The Rev. Mark Spaulding, Email: mark@holycrosscv.org
In case of pastoral emergency please contact a priest at (510) 889-7233
ASSOCIATE RECTOR: The Rev. Martha Kuhlmann
PASTORAL ASSOCIATE: The Rev. Pamela Cranston
DIRECTOR OF MUSIC: Ray Hickman
RECTOR'S WARDEN: Diane Granlund PEOPLE'S WARDEN: Janet Williams
BOOKKEEPER: Diane Granlund & Pat Oakman
OFFICE MANAGER: Bonnie Pikul, office hours: 9:00 am – 3:00 pm, Mon. – Fri

Holy Eucharist

8:30 a.m.

*W*elcome to Holy Cross Episcopal Church. We are glad you are here and hope you enjoy your time with us. Please join us for community time and refreshments in Turner Hall after the service so we may get acquainted with you. If you are here for the first time please take a moment to fill out a “Welcome to Our Guests” card, and place it in the offering basin or hand it to one of our clergy. We would love to get to know you better! The octagon shaped Information Center out on the upper patio beside the church contains brochures and various forms of printed information about Holy Cross. We invite you to stop by after our worship today and pick up anything that looks interesting.

A special note to parents with young children: Relax! Your children are most welcome and encouraged to share our worship time! We expect children to make noise and behave as God has created them—as children!

❖ *There are two toy boxes located at the back of the church. One is in front of the Baptismal Font and the other is by the rocker in the left corner of the church (the rocker is for parents and babes in arms), both are full of soft toys and books for the children’s use during the service. Please see that the toys are returned after the service for use next Sunday.*

❖ *Children’s Worship Bulletins: KidsWord and Little KidsWord for the pre-schoolers are available on clipboards at the back table of the church. Please encourage children to pick one up as they enter the church and return the clipboards to the entrance table before they leave.*

Again, we are delighted that you are here to worship with us.

BCP: Book of Common Prayer (The solid red book with a gold cross on the cover.)

WELCOME AND HIGHLIGHTS

When necessary we begin our liturgy with the tolling of our prayer gong. We ring the bell once for each child of God taken from this world by the latest gun violence. We pray that we will, very soon, never have to ring our gong again.

The Gathering Rite

Please stand as the altar party enters.

Presider Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and for ever.**
 Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE COLLECT OF THE DAY

Presider The Lord be with you.
People **And also with you.**
Presider Let us pray.

Most high, omnipotent, good Lord, grant your people grace to renounce gladly the vanities of this world; that, following the way of blessed Francis, we may for love of you delight in your whole creation with perfectness of joy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**



*Where there is charity and
loving friendship
there is god*

The Word of God

THE LESSON

Please sit.

JOB 39:1-18

"Do you know when the mountain goats give birth? Do you observe the calving of the deer? Can you number the months that they fulfill, and do you know the time when they give birth, when they crouch to give birth to their offspring, and are delivered of their young? Their young ones become strong, they grow up in the open; they go forth, and do not return to them.

"Who has let the wild ass go free? Who has loosed the bonds of the swift ass, to which I have given the steppe for its home, the salt land for its dwelling-place? It scorns the tumult of the city; it does not hear the shouts of the driver. It ranges the mountains as its pasture, and it searches after every green thing.

"Is the wild ox willing to serve you? Will it spend the night at your crib? Can you tie it in the furrow with ropes, or will it harrow the valleys after you? Will you depend on it because its strength is great, and will you hand over your labour to it? Do you have faith in it that it will return, and bring your grain to your threshing-floor?

"The ostrich's wings flap wildly, though its pinions lack plumage. For it leaves its eggs to the earth, and lets them be warmed on the ground, forgetting that a foot may crush them, and that a wild animal may trample them.

It deals cruelly with its young, as if they were not its own; though its labour should be in vain, yet it has no fear; because God has made it forget wisdom, and given it no share in understanding. When it spreads its plumes aloft, it laughs at the horse and its rider."

Reader The Word of the Lord.
People **Thanks be to God.**

**I lift up my eyes to the hills; *
from where is my help to come?**

**My help comes from the Lord, *
the maker of heaven and earth.**

**He will not let your foot be moved *
and he who watches over you will not fall asleep.**

**The Lord himself watches over you; *
the Lord is your shade at your right hand,**

**The Lord shall preserve you from all evil; *
it is he who shall keep you safe.**

**The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.**

THE EPISTLE:

GALATIANS 6:14-18

May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule-- peace be upon them, and mercy, and upon the Israel of God.

From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters.

The Word of the Lord.

People

Thanks be to God.

The Holy Gospel of our Lord Jesus Christ according to
Matthew.

People **Glory to you, Lord Christ.**

Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him."

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Please be seated.

SERMON

THE REV. PAMELA CRANSTON

Please stand if you are able.

NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.**

**For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Comforter, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son She is worshiped and glorified.
She has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE

Standing, kneeling or sitting, the people pray responsively.

For this beginning of the ending season. For autumn, in its dropping acorns and hot and dusty afternoons. The bright, sharp mornings, and the foggy ones too, the cloud blankets lifting at midday.

We thank you, God.

For the signs all around us of a part of the cycle that stings, the death and decay. Drifts of leaves and everything that falls down, the smell. We see how it all works. All the seeds falling too, or nourishing the birds who cling to the drooping heads of flowers in the garden.

Help us bear this cycle of life, the beginnings and endings.

For this changing land, in a drought, we remember the Ohlone who are the original caretakers here. We honor them and seek wisdom for the future from you, Creator.

Guide us as we learn and grow toward justice and care for the world.

For those who greet the dark mornings already tired, or wake in the night with fear or worry. In these rapidly shortening days, if our light seems small, our hope seems small, our source seems small...

Remind us God, you shine out in the darkness, you are the lifter of our heads.

For those who have died, we remember them, all the saints, all the souls. They see dimly no more.

Add our love to your love as you greet them face to face.

May we seek you and find you, our God, in the bright, blazing colors of this season and the drab ones, too.

In every leaf; above our heads and below our feet. Amen

THE CONFESSION

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The People Stand

People The peace of the Lord be always with you.
And also with you.

THE PRAYER OF THE COMMUNITY

Almighty and gracious God, giver of every good and perfect gift, we give you thanks for your servants as they celebrate a special milestone or anticipate a time of travel. Watch over them and protect them. Bless and guide them wherever they go and surround them with your loving care on every side. Grant them wisdom in the living of their lives, and grace to keep the vows and promises they have made. And may your peace, which passes all understanding, abide in their hearts all the days of their lives, through our Savior Jesus Christ. Amen.

The Holy Communion

OFFERTORY *While the table is being set a collection will be taken for the work of the church. The ushers then bring the offerings to the Presider who says:*

Presider The Lord be with you.

People **And also with you.**

THE GREAT THANKSGIVING

The people remain standing. The Presider says

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Presider and People

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people remain standing, kneel or sit. Then the Presider continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen**

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and forever. Amen.**



THE BREAKING OF THE BREAD

*The Presider breaks the consecrated Bread.
A period of silence is kept.*

Presider Alleluia. Christ our Passover is sacrificed for us.
People **Therefore, let us keep the feast. Alleluia.**

The bread and the cup are given to the communicants with these words

The Body of Christ, the bread of heaven. **Amen.**
The Blood of Christ, the cup of salvation. **Amen.**

ADMINISTRATION OF COMMUNION

Everyone, without exception, is welcome to come forward for communion or a prayer of blessing.

The communion meal is the central act of hospitality and community for the Christian Church and in this spirit, we invite all who would like to receive communion today to come forward to partake of this feast of feasts!

Adults and Children are invited to receive the sacrament through intinction—a priest will dip the bread in the wine and place it in your hands.

If you would prefer NOT to receive the wine, please simply touch the chalice base the Eucharistic Minister will present and then place your hands in the normal position.

This will indicate to the clergy that you wish to continue to receive in one kind—the bread only.

If you are unable to come forward to receive Communion or a prayer of blessing, please notify an usher and Eucharistic Ministers will come to you.

POSTCOMMUNION PRAYER

The People Stand

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

If a Eucharistic Visitor will be sent out to share communion this morning, the congregation is invited to send them forth with following rite.

<i>Presider</i>	In the Name of God, we send you forth to share communion with those who are absent from this table.
<i>People</i>	As you have been fed, now feed others.
<i>Presider</i>	Our prayers are with you, go in peace.
<i>People</i>	Thanks be to God.

A FRANCISCAN BLESSING

The people kneel, stand, or sit and the Presider says the following:

May God bless you with a restless discomfort about easy answers, half-truths and superficial relationships, so that you may seek truth boldly and love deep within your heart. **AMEN.**

May God bless you with holy anger at injustice, oppression, and exploitation of people, so that you may tirelessly work for justice, freedom, and peace among all people. **AMEN**

May God bless you with the gift of tears to shed with those who suffer from pain, rejection, starvation, or the loss of all that they cherish, so that you may reach out your hand to comfort them and transform their pain into joy. **AMEN**

May God bless you with enough foolishness to believe that you really CAN make a difference in this world, so that you are able, with God's grace, to do what others claim cannot be done. **AMEN**

And the blessing of God the Supreme Majesty and our Creator, Jesus Christ the Incarnate Word who is our brother and Savior, and the Holy Spirit, our Advocate and Guide, be with you and remain with you, this day and forevermore. **AMEN.**

The people are dismissed with these words

Presider Let us go forth in the name of Christ.

People **Thanks be to God.**

PRESIDER: The Rev. Mark Spaulding

PREACHER: The Rev. Pamela Cranston

ASSISTING CLERGY: The Rev. Martha Kuhlmann

EUCCHARISTIC MINISTER: Cheryl Farley

LECTORS: Lydia McCloskey & Lynne Lange

PRAYERS OF THE PEOPLE WRITTEN BY: Jill Gidlund

WELCOME & ANNOUNCEMENTS: Diane Granlund

BREAD BAKER: Sandra Sommer

GREETER: Terry Miller

OFFERTORY COUNTERS: Wendy Jacobsen & John Watson